Goal Getting
Don't Just Set'em, Get'em

Weekly Goal Measurement Worksheet

"What gets measured, gets done!"

Date Range											
	Goal	Measure	MON	TUE	WED	THU	FRI	SAT	SUN	Totals	Minimum Target
Major Steps											
										0	
										0	
										0	
Action Steps										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
										0	
Actual TOTALS for Day/Week			0	0	0	0	0	0	0	0	0

Date: _____

Signature: _____

Measure to Date:	
Week #:	1
Avg Weekly Measure:	0